

FAQ

Connectivity

Q: How do I connect the Samsung phone to wifi?

A: Once you arrive home from your first lab session, you should connect to your home wifi network right away. To connect to wifi, following these steps:

- > Swipe down from the top of the phone. A menu of options should appear.
- > Hold your finger on the wifi symbol (far left). The phone will vibrate and open a new menu where you should see a list of available wifi networks.
- > Choose your home wifi network
- > If the chosen network is protected, enter the wifi password when prompted

Q: Does the phone need to be connected to wifi to complete a check-in?

A: No, you do not need to be connected to wifi to complete a check-in. As long as you connect to wifi at least once a day, your check-in data will sync to the cloud where we can view it and check your progress.

Check-ins

Q: Do the image tasks that get emailed to me at 4:00 AM on Days 2 and 5 of the study count as my morning check-in?

A: No. The image tasks are separate from your 5 daily check-ins. Even on the days when you are emailed the image task, you should complete the morning check-in right after you wake up.

Q: Can I complete my first check-in of the day after a workout?

A: Your first check-in of the day should reflect your BP immediately after waking. Thus, we ask that you do not exercise before completing your first check-in.

Devices

Q: How do I charge the watch?

A: The watch charger has three parts:

1. The charger port, which plugs in to the wall
2. The USB cord
3. The magnetic stand on which the watch rests while charging

To charge your watch, connect all three parts of the charger. Place the watch on the magnetic stand with the back of the watch face magnetically connected to the tallest part of the stand. When the watch is charging, light on the watch stand should light up red and the watch face will tell you the current battery.

